

use monitoring and supervision. In addition, the guarantee of financial benefits can effectively alleviate the burden of trading games and to a certain extent the psychological pressure on residents. The government and other multiple parties involved in farmland transfer should pay more attention to the ecological benefits of farmland utilization and fully explore the ecological product value of farmland. Finally, the government should also propose relevant policies to effectively improve the ecological quality of farmland as the most effective means of increasing the sense of security of residents. Effective supporting measures for the ecological environment quality of agricultural land, including the construction of an ecological and environmental protection index system for agricultural land, the improvement of ecological and environmental protection supervision techniques for agricultural land, the establishment of a predictive assessment mechanism for the ecological environment of agricultural land, the improvement of the ecological environment of agricultural land in combination with comprehensive land improvement, and the attraction of social capital intervention, should be strengthened accordingly.

Conclusions: A healthy mind is a concrete manifestation of objective phenomena mapping, reflecting the residents' cognitive and emotional comprehensive evaluation of their satisfaction with their living environment and quality of life. This paper strengthens the land ecosystem after the transfer of farmland management rights from three aspects: ecological, economic and policy protection, ensuring the normal functioning of the natural ecological function of farmland, while safeguarding the mental health of human life.

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RESEARCH ON THE DEVELOPMENT MOTIVATION ANALYSIS AND MENTAL HEALTH EVALUATION OF TEACHERS AND STUDENTS OF HIGH LEVEL VOCATIONAL COLLEGES

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Background: Motivation is the psychological tendency or internal drive that stimulates and sustains an organism's action and directs it to a certain goal. Motivation belongs to mental state in psychological phenomenon and is a kind of internal stimulus. Higher vocational colleges as an organism, internal incentive is the driving force to promote the development of higher vocational colleges. The effect of an internal drive can be measured by behavioral intensity or stimulated by some external means. Research on the development motivation and mental health evaluation of teachers and students in high-level vocational colleges is beneficial to timely find the shortcomings in the development process of higher vocational colleges and improve the quality of higher vocational education.

Subjects and Methods: In order to accelerate the modernization process of vocational education, improve the international influence of vocational education, and solve the driving problem of the development of high-level vocational colleges, from the study of the influence of the development motivation of teachers and students on mental health evaluation, the professional scoring method and entropy method were used to construct the development motivation evaluation index system of vocational colleges.

Results: This paper systematically designed the driving force of the construction effect of higher vocational colleges and the driving force of social benefits from the perspective of constructing the development motivation of teachers and students in higher vocational colleges. It identifies the internal driving force of the construction of vocational colleges as seven parts: school running conditions, connotation of specialty construction, level of teachers' team construction, student development ability, international influence, social benefits, and characteristic projects. It uses expert scoring method and entropy weight method to establish seven first level indicators, 18 secondary indicators of high-level vocational college construction drive evaluation index system.

Conclusions: Through the research on the development motivation and mental health of higher vocational colleges, the evaluation index system of endogenous motivation of higher vocational colleges is constructed, and the development motivation of higher vocational colleges is effectively defined by the well-being standard of teachers and students. Combined with the actual development of higher vocational colleges, this paper puts forward the internal driving force evaluation safeguard measures, such as internal guarantee mechanism, establishment of database, classification evaluation standard and normal evaluation, which provides methods and paths for the internal driving force evaluation of higher vocational colleges.

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A PSYCHOLOGICAL INTERPRETATION OF THE FILM CHARACTERS FROM THE PERSPECTIVE OF "ID, EGO AND SUPEREGO" BY FREUD AND SIGNIFICANCE FOR MENTAL HEALTH

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Background: The realism film *Dying to Survive* is adapted from a real-life case, which pays attention to social problems and shows the tenacious life of small potatoes vividly by depicting the reality of grassroots group images. Freud's triple personality, id, ego and superego influence the conflicts within the characters. Sticking to the moral bottom line with kindness, they finally realized the superego. The film shows the relief of anxiety at the social level through social events, reflects the satisfaction of psychological needs at the individual level, and has a positive significance for the mental health of film viewers.

Subjects and Methods: By talking about the theory of "id, ego and superego" of personality structure in Freud's psychoanalytical method in psychology, this paper deconstructs the structure of stories hidden in the text and the expression method of text from the perspective of theme, narrative and character image. At the same time, the following details are considered from the psychological perspective. First of all, through the reflection of the realistic environment of the film, it shows the characteristics of the small potatoes. The image of the hero manifests the pursuit of money and better life, which establishes the style and keynote of the film. Secondly, through the expression of self-expression in psychoanalysis, the film reflects the choice of responsibility and freedom. Thirdly, the expression of superego embodies the hero's self-redemption, and finally gives birth to the responsible medicine god. The film reflects the protagonist's personality of sticking to the moral bottom line, from the pursuit of money at the beginning to the sense of social responsibility at the end.

Results: The film is different from other social realism movies. It is an important livelihood work leading in with a scene of wanting valuable medicines, reflecting the social problems in reality, shaping different characters, demonstrating the universal features of society, showing the conscience of the characters, providing better materials for the development of real society, leading to audiences' reflection and promoting the effective development of society. Watching movies has a positive meaning for mental health and guides the audience to have a good mental state.

Conclusions: This study focuses on the difficulty of buying medicine shown in the movie *Dying to Survive*, which reflects social problems, the struggle between conscience and interests, the competition between law and emotion. Law is rational. Emotion is perceptual. But the conflict between the two of them is not new. It reflects the transition of characters from material needs to psychological needs. In this process, people in society have anxiety. But finally found happiness through action. The movie can solve real problems and provide a catalyst for the development of society. The important characterization function of the film is so obvious.

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RESEARCH ON PRE-SERVICE TEACHERS' TPACK BASED ON MENTAL HEALTH AND WORK STRESS: MEDIATED BY MINDFUL FLOW EXPERIENCE

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Background: The Technological Pedagogical Content Knowledge (TPACK) is increasingly applied in the field of teacher education as well as teacher professional development, and TPACK development for pre-service teachers has become an important research direction. However, in the past, few studies have explored the development and change of learners' TPACK from the perspective of mental health and work stress in the context of new technology integration. With the widespread application of mobile technology in higher education, the mobile teaching model is also widely adopted in teacher education programs, which is conducive to enhancing pre-service teachers' feelings of mind-flow experience in learning technology-integrated teaching methods and bringing new opportunities for pre-service teachers' TPACK development.

Subject and Methods: Studies have focused on the factors influencing TPACK development in preservice teachers. However, there are no clear findings on the mechanisms of deeper psychological activities for TPACK development among pre-service teachers in mobile teaching environment, especially from the perspective of mental health and work stress. Therefore, with the help of mind flow theory, this study first designed and implemented mobile teaching activities, and then administered questionnaires and scales to 144 participants, focusing on the mediating effects of mind flow experiences on technology cognition and course quality perception on TPACK development, in order to reveal the